

Football

Northwest offensive coaches will be working the camp. Players will get a chance to learn from the best Division II coaching staff in the country.



Football

All-American O-Line Camp
Offensive Skills Camp
9 a.m.–3 p.m., June 21-22

Questions?

Adam Dorrel

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Fax: (660) 562-1493

or www.bearcatblitz.com

Charlie Flohr

660.562.1705

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2008 CAMP

ADAM DORREL, DIRECTOR
Football Offensive Skills and O-Line Camp
800 University Drive
Maryville, MO 64468-6001



U.S. POSTAGE PAID

MARYVILLE, MO 64468

PERMIT 215

NON-PROFIT



▶ Coaching Staff

All-American O-Line

- ▶ Adam Dorrel, Offensive Line Coach/Offensive Coordinator. He was a All-American and All-MIAA offensive linemen at Northwest.

Offensive Skills

- ▶ Charlie Flohr is in his fifth year on the Northwest offensive staff as the pass game coordinator/wide receiver coach. In this time, there have been four All-Americans go through Northwest.

▶ Northwest Offensive Line

Tradition of Excellence

- ▶ Northwest has had 12 All-Americans
- ▶ Five Cactus Bowl participants (Division II All-Star game)
- ▶ 2001 Curt Lessman signed with the Atlanta Falcons
- ▶ 2002 Alex Tuttle signed with the San Diego Chargers
- ▶ 2002 Seth Wand participated in the Senior Bowl and the NFL Combine, was invited to the Hula Bowl, was named Don Hansen Gazette National Division II Offensive Lineman of the Year, and a third round draft choice of the Houston Texans and started every game in 2004.

Offensive Line Run Blocking

- ▶ Stance, steps, footwork
- ▶ Aiming points, punch, finish, leverage
- ▶ Double teams and combinations
- ▶ 2-man inside and outside zone combinations
- ▶ Pulling and trap blocks

Offensive Line Pass Blocking

- ▶ Pass sets
- ▶ Steps and footwork (maintaining the buffer)
- ▶ Punch and aiming points
- ▶ Replace, mirror, and anchor
- ▶ Attacking twists, loops, and blitzers

CAMP FEES
\$45 per camp
\$30 deposit with registration

▶ Schedule

9 a.m. – 3 p.m. daily
1 hour open lunch

Registration starts at 8:30 on June 21

▶ Instruction

Quarterback Instruction

- ▶ Stance
- ▶ Grip and throwing fundamentals
- ▶ QB and center exchange
- ▶ Ball handling skills
- ▶ Mechanics for 3 and 5 step drops
- ▶ Sprint out, play action, and bootleg mechanics
- ▶ Option basics
- ▶ Pass coverage concepts

Receiver and Tight End Instruction

- ▶ Catching / Ball Handling Skills
- ▶ Release techniques
- ▶ Route running fundamentals
- ▶ 3 and 5 step pass routes
- ▶ Pass coverage concepts
- ▶ Blocking fundamentals
- ▶ Tight Ends will spend a half-day with offensive line

Running Back Instruction

- ▶ Stance and footwork
- ▶ Ball security
- ▶ Route running and receiving fundamentals
- ▶ Interior and perimeter blocking
- ▶ Pass protection

NORTHWEST FOOTBALL O-LINE CAMP REGISTRATION FORM

Name (last, first, middle initial) _____

Address _____

City _____

State _____

Zip _____

(_____) _____

Home phone _____

E-mail _____

Age _____

Birthdate _____

Name of school attending _____

School's address _____

Grade next fall _____

Coach's name _____

(_____) _____
Coach's phone _____

S M L XL XXL

T-shirt size _____

Position played _____

Height _____

Weight _____

Position QB | RB | WR | TE | OC | OG | OT

Helmet Rental? Yes No

Shoulder Pad Rental? (TE and OL Only) Yes No

Person to contact in case of emergency _____

Relationship _____

(_____) _____
Phone number _____

Does this camper take any medication? Yes No

If yes, please explain: _____

If the camper has any limitations or health problems we should be aware of, please explain: _____

Parent's Statement (MUST be signed)

I hereby release Northwest Missouri State University from any responsibility/damages for any injuries resulting from my child's/ward's participation in the Northwest Football O-Line Camp. If for any reason it appears that he needs medical attention, I grant permission for him to be referred at the discretion of the Northwest Football Camp and/or Campus Safety staff.

Parent/Guardian signature _____

Date _____

All-American O-Line Camp June 21-22 • 9 a.m.–3 p.m.

Northwest Missouri State University
(Maryville, MO), Sat. June 21

Northwest Missouri State University
(Maryville, MO), Sun. June 22

Yes, I will need equipment from Northwest
for a cost of \$15 (helmet and shoulder pads)

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(Maryville, MO), Sun. June 22



Yes, I will need a helmet from Northwest
for a cost of \$15

A \$30 non-refundable deposit is required with registration. Balance is due at check-in. No refunds will be given after June 1.

Make checks payable to
Northwest Missouri State University Football O-Line Camp

Complete this application and send it along with the deposit to
Cashiering Department — Attn: Carol McCulloch
Northwest Missouri State University
800 University Drive
Maryville, MO 64468-6001